

Where You *Are*

Fourth Trimester *Oxford*

In-home care for mom. The first twelve weeks after birth.

Everyone checks on the baby. Meg checks on you.

- **How to use your body** while it heals.
- **What you need to do** this week.
- **Meg takes the baby.** You rest.

Not a sitter. Dr. Meg Cochran is a Doctor of Physical Therapy, doula trained, and a mom of four.

Day visits of 2, 4, or 6 hours, from \$175. Overnight too.

Free 15 minute call

(662) 832-1790

wyatherapy.com/fourth-trimester-oxford-ms



Where You *Are*

Fourth Trimester *Oxford*

In-home care for mom. The first twelve weeks after birth.

Everyone checks on the baby. Meg checks on you.

- **How to use your body** while it heals.
- **What you need to do** this week.
- **Meg takes the baby.** You rest.

Not a sitter. Dr. Meg Cochran is a Doctor of Physical Therapy, doula trained, and a mom of four.

Day visits of 2, 4, or 6 hours, from \$175.
Overnight too.

Free 15 minute call

(662) 832-1790

wyatherapy.com/fourth-trimester-oxford-ms



Where You *Are*

Fourth Trimester *Oxford*

In-home care for mom. The first twelve weeks after birth.

Everyone checks on the baby. Meg checks on you.

- **How to use your body** while it heals.
- **What you need to do** this week.
- **Meg takes the baby.** You rest.

Not a sitter. Dr. Meg Cochran is a Doctor of Physical Therapy, doula trained, and a mom of four.

Day visits of 2, 4, or 6 hours, from \$175.
Overnight too.

Free 15 minute call

(662) 832-1790

wyatherapy.com/fourth-trimester-oxford-ms



Where You *Are*

Fourth Trimester *Oxford*

In-home care for mom. The first twelve weeks after birth.

Everyone checks on the baby. Meg checks on you.

- **How to use your body** while it heals.
- **What you need to do** this week.
- **Meg takes the baby.** You rest.

Not a sitter. Dr. Meg Cochran is a Doctor of Physical Therapy, doula trained, and a mom of four.

Day visits of 2, 4, or 6 hours, from \$175.
Overnight too.

Free 15 minute call

(662) 832-1790

wyatherapy.com/fourth-trimester-oxford-ms



Where You *Are*

Fourth Trimester *Oxford*

In-home care for mom. The first twelve weeks after birth.

Everyone checks on the baby. Meg checks on you.

- **How to use your body** while it heals.
- **What you need to do** this week.
- **Meg takes the baby.** You rest.

Not a sitter. Dr. Meg Cochran is a Doctor of Physical Therapy, doula trained, and a mom of four.

Day visits of 2, 4, or 6 hours, from \$175.
Overnight too.

Free 15 minute call

(662) 832-1790

wyatherapy.com/fourth-trimester-oxford-ms

